

VCCL Results - Lisa Mitchell

Member number: 278

Races: 2; Wins: 0 (0.0%); Top Ten: 0 (0.0%)

Active from 2014 to 2014

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km	Rate
04/05/2014	Fred Grubb & Bob Charlton Memorial	46	6.5	30:50	30	6:00		24:50	5:13		4:45
01/06/2014	19th Caruana Cross Country Classic	59	8	37:22	35	8:45		28:37	6:13		4:40